

## The Ben Nevis Agreement

This annual agreement is ideal for larger organisations or organisations of any size wanting to provide support to staff and their families.

For **£75.00 per month** you will receive:

- ❖ An initial consultation identifying the needs of your workforce
- ❖ 4 x 2 hour awareness raising sessions
- ❖ £650 training course (either identifying early warning signs of stress or managing stress)
- ❖ 10% off future **resolve** training courses
- ❖ 4 free places at our monthly breakfast briefings
- ❖ A quarterly newsletter aimed at employers and senior managers
- ❖ Access to our face to face wellbeing services delivered in our Edinburgh City Centre offices for your staff and their families
- ❖ Biannual report giving an overview of service usage; where trends are identified, feedback and recommendations will be provided
- ❖ **resolve** cards for your staff to enable them to access the service confidentially, without referral from you, freeing up your time to manage your business (200 cards are provided, additional cards are available at a small cost)
- ❖ Posters to promote the service within your business (no limit)
- ❖ Annual review

As with our other annual agreements, part of your initial consultation will be to decide upon a financial ceiling. We can advise you on this based on your absence rates and the nature of your business.

When an employee approaches us, we will undertake an in-depth assessment to identify the appropriate therapy for them. Appointments with employees cost £75 and are usually offered in blocks of 6. If your financial ceiling is reached during the year, we will notify you to discuss if you would like this to be extended.