

resolve: Bespoke services

At **resolve** we recognise that businesses face many challenges. In addition to our services supporting your staff, we can draw upon our extensive experience of wellbeing, people and business management to develop solutions designed to meet the needs of your whole business.

This can include the following:

❖ **Coaching**

This is suitable for managers and any senior staff who have responsibility for the work of others. It provides space to identify your goals, barriers to their achievement, your motivators and the supports you need for implementation.

❖ **Practice Supervision**

This is an opportunity to reflect on your work - usually in the areas of people management or customer service. You will receive feedback and guidance to support your professional development.

❖ **Reflective Practice**

A facilitated opportunity to work with your team or wider staff group to debrief, celebrate or plan together.

❖ **Working with teams and groups**

Facilitated and directed topic specific sessions such as stress reduction and wellbeing awareness-raising.

Tailored solutions

We will meet with you for an in-depth consultation to explore the challenges facing your business and the interventions that would best fit your business and your people. A personalised solution will then be tailored to your specific needs and desired outcomes.

Our service is delivered by highly qualified and experienced coaches, facilitators and group workers. We will work with you to negotiate a service and fee which suits both your business and the challenges you are facing.