

Maternity Leave

Miranda has returned to work after being on maternity leave for six months. She is struggling to adjust to some of the changes in the workplace since she went on leave. She often appears distracted and in talking to her you hear that she feels guilty about putting her baby into childcare.

Yours is a small local business and Miranda has been with you for a number of years and quickly took on greater responsibilities as she got to know the business. She established many of the systems that are used on a daily basis. Her friendly manner with customers and suppliers has often been favourably commented on.

Miranda has knowledge and skills that you value. She is often the first point of contact for new and existing customers.

How could the resolve employee wellbeing consultancy package help Miranda and your business?

Miranda needs to understand that what she is going through is not uncommon but she is more likely to be able to hear this and move forward away from the pressures of the workplace. She needs a safe and confidential place to discuss her anxieties about work and to adjust to being a working mother.

A focused and personalised package of sessions with our wellbeing consultant can help her to rebuild her confidence not least because she will feel supported by you her employer.